



P.E. at Downview



Intent: This is why we teach what we teach:

At Downview Primary, P.E. is fully inclusive to every child. Our aims are to: fulfil the requirements of the National Curriculum for P.E., provide a broad and balanced curriculum and ensure the progressive development of knowledge and skills.

At Downview we believe physical education develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. This may include representing the school in both competitive and non-competitive sports events. By positive participation in P.E it will enable the children to build self-esteem, teamwork and promote a positive attitude towards their own bodies and a healthy lifestyle.

Implementation: This is what we do:

To ensure high standards of teaching and learning in P.E., we implement a curriculum that is progressive throughout the whole school.

All classes are expected to do 2 hours a week of curriculum PE and 30 minutes of active time. Staff have been upskilled in P.E due to specialist P.E teachers leading weekly CPD lessons. Teachers will deliver an engaging curriculum where we aim to:

- Develop a positive attitude to participate in physical activity, increasing their self-confidence and self-esteem in a safe and enriching environment.
- Encourage children to work and play with others in a range of group situations.
- To develop the way children perform skills, and apply rules and conventions, for different activities.
- Set personal targets for themselves and compete against others individually and as team members, being able to evaluate their own and others performances.
- To teach children to recognise and describe how their bodies feel during exercise and the link between P.E and leading a healthy lifestyle.

Organisation of P.E. within the Curriculum

At Downview we follow a P.E. scheme of work called 'Jasmine Real PE'. Jasmine is a primary PE digital platform which supports teachers and pupils in their real PE and real gym lessons. This teaching and learning aid is also a planning aid and has been designed to help bring lessons to life for the children in a fun and creative way.



Swimming

In Years 3-5 the children participate in swimming lessons at the Arun Leisure Centre. By the end of Year 6 all children are expected to swim 25m unaided. We offer top up swimming sessions to Year 6 children who have not achieved this requirement.

West Sussex West School Sport Partnership

Part of the Sports Premium money we use goes towards the WSWSSP. It ensures that children have the opportunity to represent the school in a range of competitive and inclusive events. Pupils can enjoy and participate in activities on their school site and work and compete with other schools at central venue events.



Impact: By the time children leave our school, they will:

Within P.E., we strive to create a supportive and collaborative ethos for learning by providing investigative and enquiry based learning opportunities to help children gain a coherent knowledge and understanding of each unit of work covered throughout the school.

By the end of KS1 Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

By the end of KS2 Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.