



PSHE and RSE at Downview



Intent: This is why we teach what we teach:

At Downview Primary, PSHE and RSE is fully inclusive to every child. Our aims are to: fulfil the requirements of the National Curriculum for PSHE and RSE; provide a broad and balanced curriculum and ensure the progressive development of knowledge and skills.

We aim to give children the knowledge, skills, and attitudes that they need to effectively navigate the complexities of life in the 21st Century. The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society. Our scheme of work covers the Relationships and Health Education statutory guidance (as set out by the Department for Education), including the non-statutory sex education. The scheme also covers wider PSHE learning, in line with the requirement of the National curriculum (2014) that schools 'should make provision for personal, social, health and economic education (PSHE).' Children's learning through this scheme would significantly contribute to their personal development as set out in the Ofsted Inspection Framework and promotes the four fundamental British values which reflect life in modern Britain: democracy; rule of law; respect and tolerance and individual liberty. Quality PSHE and RSE teaching is an important element in helping schools to carry out their duty of care with regards to safeguarding. The DfE's statutory 'Keeping Children Safe in Education (Sep 2020)' guidance states that 'Governing bodies and proprietors should ensure that children are taught about safeguarding, including online safety. Schools should consider this as part of providing a broad and balanced curriculum'.

Implementation: This is what we do:

To ensure high standards of teaching and learning in PSHE and RSE, we implement a curriculum that is progressive throughout the whole school.

Each area is revisited every year to allow children to build on prior learning. The lessons also provide a progressive programme. Sex education has been included in line with the DfE recommendations and is covered in Year 6 of our scheme. The scheme supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons.

A range of teaching and learning activities are used and are based on good practice in teaching PSHE/RSE education to ensure that all children can access learning and make progress. In each year group, an introductory lesson provides the opportunity for children and teachers to negotiate ground rules for the lessons. These introductory lessons can then be referred to throughout the year to help create a safe environment. All lessons include ideas for differentiation to stretch the most able learners and give

additional support to those who need it. Many lessons, stories, scenarios, and video clips provide the opportunity for children to engage in real life 3 and current topics in a safe and structured way. Role-play activities are also included to help children play out scenarios that they may find themselves in. There are meaningful opportunities for cross-curricular learning, in particular with Computing for online safety and Science for growing, nutrition, teeth, diet and lifestyle. The scheme provides consistent messages throughout the age ranges including how and where to access help. The role of parents and carers is recognised, and guidance is provided to assist schools on how to work with them and include them in their children's learning.

In addition to the lessons, there is a suite of eight Q&A videos for teachers, featuring experts from various fields, covering the key areas: Families, Friendships, Healthy and safe relationships, Digital safety and The changing adolescent body.

For children with SEND, accessible provision will be guaranteed by ensuring reasonable adjustments are made within lessons to remove individual barriers to learning. This may include, but is not limited to, additional resources and adult support. The pace and detail of topics will be considered to ensure learning is achievable and will work in conjunction with additional learning opportunities throughout the school day, as well as working alongside existing individuals learning/care plans.

Impact: By the time children leave our school, they will:

Within PSHE and RSE, we strive to create a supportive and collaborative ethos for learning by providing investigative and enquiry based learning opportunities to help children gain a coherent knowledge and understanding of each unit of work covered throughout the school.

Each half term, teachers will have identified whether pupils have met, exceeded, or are working towards the desired learning intentions for each of the key skills. Once taught the full scheme, children will be able to utilise the skills they have learnt within their daily lives, from dealing with friendship issues to resilience to making healthy choices and knowing where and how to get help when needed.