



## Staying Safe Online

### Parent's Resources Guide

#### Social Media

##### Social media guides:

**Internet Matters:** [https://www.internetmatters.org/resources/social-media-advice-hub2/?gclid=EAlaIQobChMIuZ7OibHb8wIVNoBQBh0iXgxLEAAYASAAEgK1F\\_D\\_BwE](https://www.internetmatters.org/resources/social-media-advice-hub2/?gclid=EAlaIQobChMIuZ7OibHb8wIVNoBQBh0iXgxLEAAYASAAEgK1F_D_BwE)

##### Social Media:

General advice for parents about the applications that young people are using is available from the following websites:

**Internet Matters:** <https://www.internetmatters.org/advice/apps-guide/#tab-1431531253-1-85>

**Childnet:** <http://www.childnet.com/parents-and-carers/hot-topics/apps>

**Get Safe Online:** <https://www.getsafeonline.org/safeguarding-children/is-your-child-using-these-apps/>

General advice for parents about the social networking sites that young people are using is available from the following websites:

**Internet Matters:** <https://www.internetmatters.org/advice/social-networking/>

**Childnet:** <http://www.childnet.com/parents-and-carers/hot-topics/social-networking>

**Parent Zone:** <http://parentzone.org.uk/article/social-media-parents-guide>

**Get Safe Online:** <https://www.getsafeonline.org/safeguarding-children/your-child-and-social-networking/>

##### **Sexting:**

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/sexting-sending-nudes>

<https://learning.nspcc.org.uk/child-abuse-and-neglect/online-abuse#heading-top>



## **Key Issues**

### **Cyberbullying:**

**Internet Matters:** <https://www.childline.org.uk/info-advice/bullying-abuse-safety/types-bullying/bullying-cyberbullying>

**Childnet:** <http://www.childnet.com/parents-and-carers/hot-topics/cyberbullying>  
<http://www.childnet.com/resources/lets-fight-it-together>

**NSPCC:** <https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/online-abuse/>

**Get Safe Online:** <https://www.getsafeonline.org/safeguarding-children/cyberbullying/>

### **Online Gaming:**

**Internet Matters:** <https://www.internetmatters.org/advice/online-gaming/>

**Childnet:** <http://www.childnet.com/parents-and-carers/hot-topics/gaming>

**NSPCC:** <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/online-gaming-stay-safe-avoid-risks/>

**Get Safe Online:** <https://www.getsafeonline.org/safeguarding-children/gaming/>

**Thinkuknow:** <https://www.thinkuknow.co.uk/parents/articles/gaming/>

**Radicalisation video:** <https://www.internetmatters.org/issues/radicalisation>

### **Inappropriate Content :**

**Internet Matters:** <https://www.internetmatters.org/issues/inappropriate-content/>  
<https://www.internetmatters.org/issues/online-pornography/>

**Childnet:** <http://www.childnet.com/parents-and-carers/hot-topics/pornography>

### **Age Specific Advice and Resources:**

#### **Preschool (0-5)**

**Internet Matters:** <https://www.internetmatters.org/advice/0-5/>

**Childnet:** <http://www.childnet.com/parents-and-carers/hot-topics/keeping-young-children-safe-online>

**Get Safe Online:** <https://www.getsafeonline.org/safeguarding-children/under-5/>

#### **Young Children (6-10):**

**Internet Matters:** <https://www.internetmatters.org/advice/6-10/>

**Parent Zone – Under 13's and social media:** <http://parentzone.org.uk/article/under-13s-and-social-media>

**Get Safe Online:** <https://www.getsafeonline.org/safeguarding-children/6-to-9/>



### Reporting

Childnet: <https://www.childnet.com/resources/how-to-make-a-report>

CEOP Command: <https://www.ceop.police.uk/safety-centre>

Internet Watch Foundation: <https://www.iwf.org.uk/>

Where children can go for help: [helplines https://www.childnet.com/young-people/secondary/need-help](https://www.childnet.com/young-people/secondary/need-help)

Childline: 0800 1111

Keep up to date with the latest news and information about staying safe online by signing up to a range of resources developed by the Community Safety & Wellbeing Team:

- **Staying Safe Online E-newsletter** – to sign up visit <https://public.govdelivery.com/accounts/UKWSCC/subscriber/new> and register or login to your account and tick 'Staying Safe Online' to subscribe.
- Follow us on **Facebook & Twitter** - @WSxSafeOnline
- We run a number of **FREE events** for residents to learn about how to keep themselves safe online. Information and how to book can be found at: [www.westsussex.gov.uk/staying-safe-online](http://www.westsussex.gov.uk/staying-safe-online)

### Other useful resources

#### How to setup devices safely:

Two factor authentication: [www.turnon2fa.com](http://www.turnon2fa.com)

Privacy settings & controls: <https://www.internetmatters.org/parental-controls/>

#### **Contacts:**

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