



At Downview School we grow and learn
together every day

Wellbeing Hub Policy

Downview Primary School

"To be kind, respectful and safe."

Purpose in one line

A safe, calm and supportive lunchtime space where children in Years 3 to 6 can seek peer led wellbeing support, with adults remaining accountable for safeguarding.

Policy owner	Lucy Goatcher-PSHE Coordinator
Headteacher	Emma Purkis
Applies to	Pupils in Years 3 to 6
Hub availability	Every lunchtime
Review date	September 2027



1. Purpose and Scope

The Wellbeing Hub is a safe space for pupils in Years 3 to 6 to access during lunchtime. It is intended to support emotional wellbeing, self-awareness, positive relationships and a sense of belonging in school.

It is a structured, calm environment where children can seek support, talk, reflect and feel listened to.

2. Aims

- Help pupils feel happy, safe, included and valued at school.
- Encourage children to recognise when they may need support.
- Promote kindness, respect and safety across the school community.
- Build confidence, responsibility and leadership in older pupils.
- Support positive peer relationships and emotional resilience.

3. Access and Attendance

The Hub is open every lunchtime for children in Years 3, 4, 5 and 6. Children may self-refer by choosing to attend when they feel they would benefit from support, calm time or someone to listen.

Staff or Wellbeing Champions may also encourage a child to visit where it may be helpful.

4. Wellbeing Champions

The Hub is run by Wellbeing Champions from Years 5 and 6. They have been interviewed and selected by the school, with alignment from parents/carers and school leadership.

Wellbeing Champions have been trained by the West Sussex Thought-Full Team. Their role is to welcome pupils, listen, support positive choices and model the school mantra: to be kind, respectful and safe.

5. Safeguarding and Adult Oversight

Core safeguarding position

Pupils can help lead the Hub, but adults remain accountable for safeguarding, pastoral escalation and the safe running of the provision.

Wellbeing Champions do not replace adult supervision, safeguarding procedures or pastoral care. They will not manage serious concerns independently.

School staff remain nearby and available if support is required. If a Wellbeing Champion is worried about a child, or if a child says something that suggests they may be unsafe or need adult help, the Champion must speak to a member of staff immediately.



6. Confidentiality

Children using the Hub should feel listened to and respected. However, the Hub is not confidential. If a child shares something that raises a concern about their safety, wellbeing or the safety of others, this must be passed to an appropriate and trusted adult.

7. Behaviour Expectations

All pupils using the Hub must follow the school mantra:

To be kind, respectful and safe.

- Speak kindly and listen to others.
- Respect other people's feelings and privacy.
- Use the space calmly and safely.
- Ask a Wellbeing Champion for help when needed.
- Look after the Hub space and resources.

8. Benefits

- Improves pupil voice, peer support and emotional literacy.
- Helps children feel safe, heard and valued.
- Supports positive behaviour and relationships at lunchtime.
- Encourages responsibility and leadership in Years 5 and 6.
- Contributes to a whole-school culture of wellbeing, kindness and inclusion.

9. Training, Review and Linked Policies

Wellbeing Champions receive initial training from the West Sussex Thought-Full Team, with further guidance and check-ins from school staff as required.

The Hub will be reviewed by key staff members and through pupil feedback, Champion feedback, safeguarding checks and leadership oversight.

This policy should be read alongside the school's Safeguarding and Child Protection, Behaviour, Anti-Bullying, SEND and Inclusion, PSHE and Mental Health and Wellbeing guidance where applicable.
