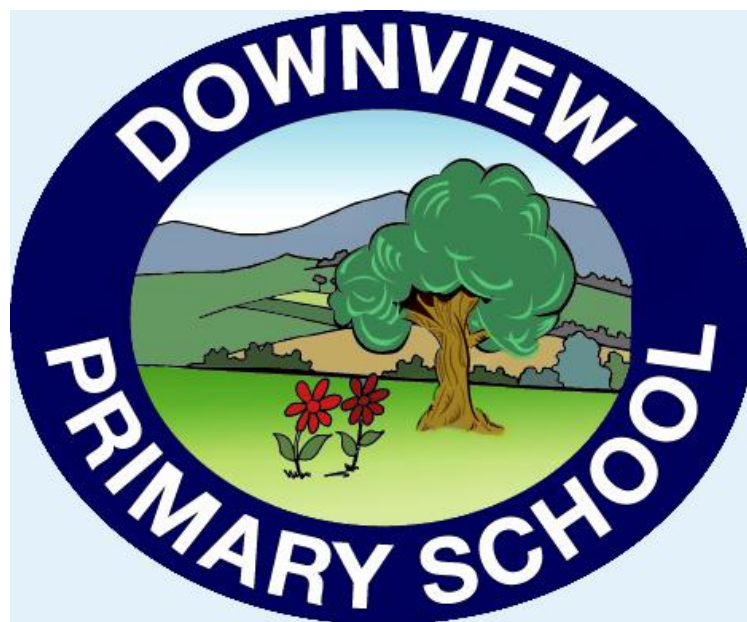


Sun Safety Policy

Downview Primary School



Lead member of staff	Head Teacher
Governor Committee	Curriculum & FGB
Date of publication	June 2024
Review date	September 2026

At Downview Primary School, we want our pupils, staff, parents and carers to enjoy the sun safely. Educating our pupils on the importance of this, including how to reduce the risk of skin damage and about safe and unsafe exposure to the sun is part of our PSHE curriculum and commitment to safeguarding. We also believe that schools have a central role in this because:

Children are at school five out of seven days a week at times when UV rays are high.

Most damage due to sun exposure occurs during school years.

Schools can play a significant role in changing behaviours through role modelling and education.

Pupils and teachers are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight – most break times are at least that long.

Pupils spend an average of 1.5 hours outside per day, more if involved in sports or outdoor activities.

PSHE Curriculum

Through our PSHE lessons, we learn about safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer.

Often, the best way to protect children is to help them take a reasonable level of interest and responsibility for keeping themselves safe. Our curriculum does this by ensuring that:

We talk about how to be sun safe with our pupils in assemblies.

Encouraging pupils to wear hats, sunglasses and sun cream and to keep well-hydrated.

Pupils are reminded that they should cover up with light clothing if they are going to be spending longer than 10-15 minutes outside.

Pupils are reminded of the importance of applying SPF 15+ sun cream and drinking plenty of water if they are out in the sun.

Pupils are reminded of the need to wear a hat for all outdoor activities in the summer term to prevent sunstroke.

Pupils are encouraged to sit in the shade in the playground and field.

The availability of shade is considered when planning excursions and all outdoor activities.

Indoor alternatives – on days when temperatures are very high, staff supervising break times will reduce the amount of time spent outside by bringing children inside to play with friends for the remainder of the break time.

Sun cream – members of staff remind children to re-apply sun cream before outdoor break times.

Role modelling

Members of staff are encouraged to act as role models by:

- Wearing protective hats and clothing when outside
- Applying SPF 15+ sunscreen
- Seeking shade whenever possible / appropriate



Protocol for Sun Safety

At Downview Primary School we would like everyone to enjoy the sun safely.

Aim

- Protection – To ensure pupils and adults at Downview Primary School stay safe in the sun.
- Partnership - Working in partnership with parents/carers and community to ensure everyone can enjoy the sun safely.
- Educate - Learning about sun safety to increase knowledge and influence behaviour.

Advice from NHS UK states:

Sunburn increases your risk of cancer. Sunburn does not just happen on holiday. You can burn in the UK even when it is cloudy.

At Downview Primary School we encourage pupils to:

- Cover up with suitable clothing.
- Wear at least SPF30 sunscreen.
- Apply sunscreen to areas not protected by clothing, such as the face, ears, feet and back of hands.
- Reapply sunscreen themselves.
- Only use their own sunscreen.
- Wear a hat.
- Drink plenty of fluids.

The school will make day-to-day decisions about the length of time spent outside dependant on the strength of the sun.

Parents should:

- Apply sunscreen on their child/children before they attend school.
- Ensure sunscreen is labelled with the child's full name.
- Ensure sunscreen is labelled from the manufacturer with an SPF of at least 30 and with the UVA European marking, which ensures at least 4-star UVA protection.

